

SCHOOL BREAKFAST CLUBS PROGRAM

TIPS & TRICKS



BREAKFAST CLUB SET UP

- Have an area where students are comfortable to grab food on the go
- Make it a fancy breakfast – add flowers and tablecloths
- Play music – get students to submit songs for a Breakfast Club playlist
- Walk Breakfast Club items around on a trolley in the morning, rather than having it in one spot, to engage more students
- Have board games and puzzles during Breakfast Club to help students meet new people, connect and build on their social skills
- Have a themed Breakfast Club for special days such as Mother's Day, Father's Day, Harmony Day etc
- Some students like quiet spaces so set up a reading nook

STAFF INVOLVEMENT

- Lead by example, encourage staff to join in at Breakfast Club
- Roster on staff to encourage them to engage with kids from different classes

MEALS / FOOD

Check out our Breakfast Club recipes for Breakfast Club and beyond:

- Cut up oranges and freeze to bring out as a treat on hot days
- Make sandwiches and freeze them for easy toasties or sandwiches for lunch
- Put popular cereal in small bags for a 'grab and go' option
- In cooler months offer spaghetti or baked bean jaffles, or soups in a recyclable paper cup

STUDENT INVOLVEMENT

- Use Breakfast Club as a life-skills program – get students involved to run the program or help in the morning
- Involve VCAL, hospitality or food technology students by giving them Breakfast Club as a project. They can be responsible for everything from planning, ordering, serving, stocktake, advertising and rostering.
- During Art Class, create posters to put around the Breakfast Club room
- Have your media students create a Breakfast Club video promo

EXTENDING THE PROGRAM

- Fill bowls with fruit and carrots to have as 'brainfood' snacks throughout the day
- Give all students a Breakfast Club pack with their name on it, including a bowl, plate and cutlery, which they are responsible for cleaning and putting away
- Host a special Breakfast Club for your prep students and their families to introduce them to your school community
- Don't want to call it Breakfast Club? Create a naming competition and have your students submit and vote on the name for Breakfast Club
- Add a Breakfast Club page in your yearbook. This is a great way to reduce stigma and create inclusiveness within the program.