

SCHOOL BREAKFAST CLUBS PROGRAM



The Breakfast Table: Conversations, Connection & Collaboration

POWERED BY STUDENTS

Practical insights and strategies for fostering student ownership and tips on how your school can cultivate a thriving, student-driven breakfast culture.

Empower student leaders

- Give students ownership of breakfast club – they can manage setup, rosters and daily operations.
- Create a breakfast club leadership opportunity for those without leadership experience.
- Or include as part of existing leadership roles, i.e. SRC to include breakfast club portfolio.
- Build confidence and prepare for future leadership - have clear processes and frameworks in place to support students.

Students gain skills for life

By taking charge of real daily tasks, students step into genuine leadership - learning to plan ahead, coordinate their peers, and keep breakfast club running smoothly. For example:

- Initiative and problem-solving through real responsibilities.
 - eg. Preparation the day before (take bread out of the freezer).
 - In the morning ensure all rostered people are there and that everything is ready.
- Can improve communication and time management skills and accountability.

Backing student success

With support, student leaders help create a positive, connected breakfast club environment that boosts wellbeing and belonging:

- Leadership roles foster stronger connections, improve wellbeing and positive behaviour.
- Student leaders help to create a safe space for socialising.
- Community partnerships such as local Rotary Clubs, can help with funding or donations to keep it thriving.
- Adult mentors handle the behind-the-scenes logistics like ordering supplies, and offer guidance so student leaders can focus on running the breakfast club with confidence.

**Run by
students, for
students...**

**makes Brekky Club a
place for students to
socialise and leave
happy and energised!**

Making it work

- Keep it voluntary and fun! Flexibility improved reliability.
- Creating a welcoming, fun environment (music, casual vibe) - breakfast club is somewhere everyone is welcome in the morning.
- Student leaders helps to provide a comfortable environment for all, familiar faces and genuine connection.