

School Breakfast Clubs Program Recipes



Treat your students with a fun recipe that you can easily make using School Breakfast Clubs Program ingredients. Enjoy!



Baked Oats

Serves: 6 to 8

Difficulty: Easy

Health Rating: Green

Ingredients

3 cups oats

300mls lactose free milk

4 eggs

To make carrot cake baked oats:

3 x mini carrots, peeled and grated

3 tsp cinnamon

2 tsp nutmeg

To make spiced apple baked oats:

2 apples, sliced and diced

3 tsp cinnamon

Method

1. Pre heat oven to 180 degrees Celsius

Carrot cake baked oats:

2. Measure out all ingredients and blend together until smooth and runny

Spiced apple baked oats:

2. Dice apples into small pieces and coat with cinnamon
3. Blend all other ingredients together until smooth and runny
4. Fold in spiced apples

Both options:

5. Place in oven and bake for 25-30 minutes or until golden brown