

SCHOOL BREAKFAST CLUBS PROGRAM

**THE BREAKFAST TABLE:
CONVERSATIONS,
CONNECTION &
COLLABORATION**



SUPPORTING YOUR STUDENTS AT HOME

Practical insights on how home food packs work, how to distribute them effectively, and how to communicate with student's and their families in a way that preserves dignity and strengthens connection.

What are home food packs?

- A home food pack is a box of shelf-stable food designed to support identified students beyond the school day.
- Initially developed to support students during school holidays, they're now available year-round following positive feedback from schools.
- Each pack contains approximately 11kg of shelf-stable food from the School Breakfast Clubs Program menu, intended to provide student access to breakfast items and snacks at home.

Identifying Students & Accessing Support

- 
- Schools are encouraged to use their local knowledge and staff observations to identify students for additional support.
 - Engage wellbeing leaders and student support staff when appropriate.
 - Consider anonymous family surveys to better understand community needs.
 - Home food packs can be a valuable pathway to additional wellbeing and community support services.
 - Families can also self-identify and request support.

Ordering & Distribution

- Home food packs can be ordered through the School Breakfast Club Program ordering portal.
- Best-before dates are listed on both the box and the ordering portal.
- Schools may distribute the full box or repack items into smaller bags (also available in the ordering portal).
- Fresh fruit, bread and other breakfast club menu items can be added where available.
- Some schools choose to send home smaller quantities over time to better suit family needs.
- Offer a home food pack as a Breakfast Club 'taster pack' to introduce families to available support and create opportunities for further conversation.



Extra support!

Every home food pack includes a Find Food flyer with information about local food relief and support services.

Raising awareness of support available

- Share information through newsletters, school social media and reception areas.
- Discuss available support during assemblies, parent information sessions or other school communications.
- Reach out discreetly through trusted staff and wellbeing teams.
- Promote the program regularly so families know support is available.