



June 2026

Welcome to the Term 2 edition of Rise & Shine.

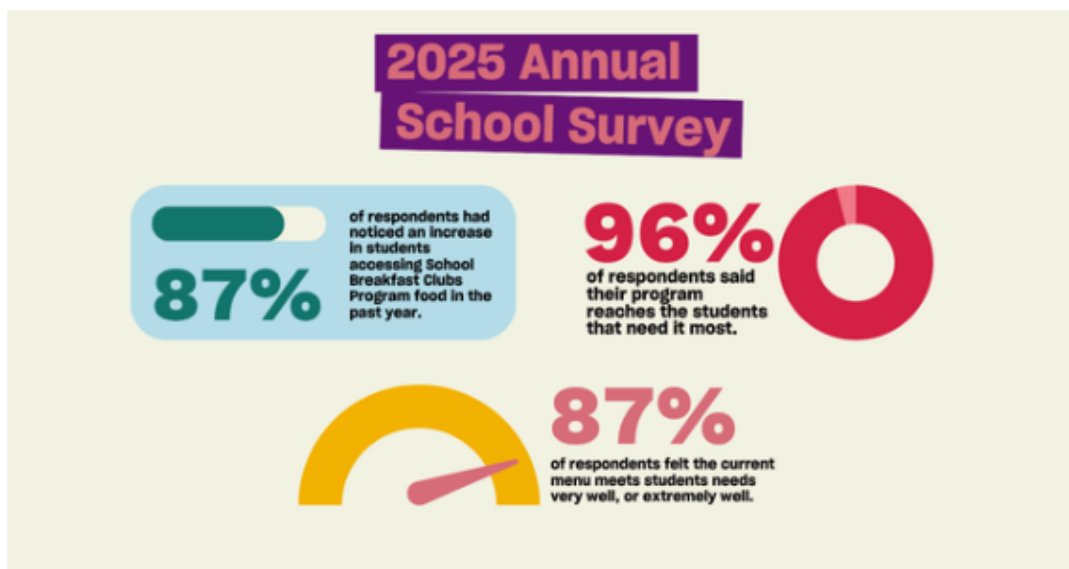
In this edition we'll share some insights from the 2025 Annual Schools Survey and give you a sneak peek at some of the incredible volunteers who help get your orders to you. We also take a look at the impact brekky club is having at Vermont Secondary College and give you a handy resource on how to reference the Victorian Government when promoting the School Breakfast Clubs Program.

Let's kick it off with...



2025 Annual School Survey Results – your voices are shaping the program

A sincere thank you to all schools who took part in the 2025 Annual School Survey. The insights you all shared are helping guide the ongoing development of the School Breakfast Clubs Program to better support your school communities.



Updated SBCP Toolkit

A friendly reminder that we have updated the School Breakfast Clubs Program (SBCP) Toolkit. It has been refreshed to better support you in delivering your program safely, confidently, and effectively and includes:

- Updated **Conditions of Participation**
- Updated **policies and links**
- Important information on **food safety requirements**
- Important information on managing **student health, allergen risks, and special dietary needs**
- Refreshed **program guidance and operational information** designed to support smooth and consistent program delivery

We ask that all schools **review the updated toolkit in full** to ensure you are familiar with the latest requirements and guidance.

[Download Here](#)

Breakfast Club Promotion and Acknowledgements

It's always wonderful to see schools highlighting their breakfast club stories in newsletters, on social media and in the broader community. When sharing your stories please ensure you reference the Victorian Government as the program funders, and Foodbank Victoria as the program delivery partner.

For example:

"The School Breakfast Clubs Program is funded by the Victorian Government and delivered by Foodbank Victoria."

To make this easy, we've prepared a handy resource.

Download Referencing Resource

New form for logging quality or delivery issues

Our team is committed to ensuring your experience with the program is a positive one. If you experience any issues with the quality of your order, please let us know as soon as possible.

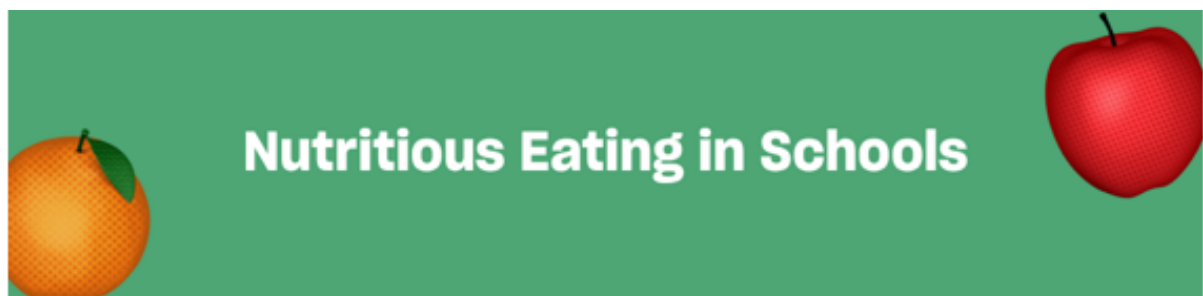
We have developed the form below to allow for easy submission of quality or order issues.

[SBCP product feedback form](#) (don't forget to bookmark it!)

Please include as much detail as possible and, where available, attach photos of the issue to help our team investigate.

To help us manage and respond to your enquiry efficiently, please submit your issue once only, either via the form or by contacting us directly.

If you have any questions, or would prefer to speak with one of our team directly, you can always contact: schoolbreakfastclub@foodbankvictoria.org.au or (03) 9362 8389.



In our Term 1 webinar, we were joined by Vic Kids Eat Well who shared excellent information about their Breakfast Club Bites initiative.

The breakfast club bites focus on encouraging fruit and vegetables at breakfast, making water and milk the drinks of choice, and fuelling with wholegrains and low sugar cereals.

You can use a variety of products from the School Breakfast Clubs Program menu to meet these 'bites', and make small, achievable changes to creating a more nutritious brekky club! Download our tips below.

What are other schools up to?



Fuelling wellbeing one meal at a time

At Vermont Secondary College, breakfast club is doing exactly what it's meant to do. The connections made over breakfast often lead to something more, and the wellbeing team has found that these informal morning interactions make support more accessible.

[Learn More](#)

Spotlight on: Lunches

The SBCP Lunch Program plays a vital role in supporting the wellbeing and success of students. Designed to help those who may not always have access to a sufficient or nutritious lunch, the program supports identified students to thrive throughout the school day.

By providing a range of wholesome and convenient lunchtime meal options, students are better able to focus, engage in their learning, and participate positively in classroom activities.

Tuna rice bowls, soups, vegetable and brown rice meals, and red lentil dahl make up the lunch menu. Schools have also utilised baked beans, spaghetti and toast from the Breakfast Club menu to complement these lunchtime meals when needed.

It's all about ensuring that identified students have consistent access to nutritious food in a safe and supportive school environment.

What's Cooking?



As the weather cools down, warm up with our Winter Crumble!

WINTER CRUMBLE

Serves: 6-8

Difficulty: Easy

Health Rating: Green

Ingredients

- 1 cup oats
- 3 VitaBrits (crushed)
- 2 tablespoons olive oil
- 1 teaspoon honey
- 4 apples stewed, or 1x 825g canned fruit or a combination of both.



Method

1. Pre heat oven to 180°C.
2. Make the crumble: Combine the oats and crushed VitaBrits in a bowl. Add the olive oil, honey and mix well to combine.
3. Using a large baking dish, spread the fruit of your choice out in an even layer. Spoon on the crumble mixture and place in a pre-heated oven for 15-20mins until your crumble starts taking on a golden-brown colour.
4. Allow to cool for a few minutes before serving.
5. Enjoy!

You could simply make the crumble part in the oven and spoon it over some fruit for a quick alternative.

Volunteers



Meet some of the faces behind the School Breakfast Clubs Program

Behind every order packed over here at Foodbank Victoria, there's a team of passionate volunteers working collaboratively in our warehouse. And in this edition we're so proud to shine a light on a few of them – Deb, Annette, Richard and Zara.

We're so grateful to all of our brekky club volunteers who work so hard behind the scenes. Every day they're packing your orders with care and helping make sure students across Victoria get the food they need to focus and learn. It might not always be visible, but what they do really matters and it makes a difference to your students every single day.

We spoke with Zara about her volunteering journey at the Brooklyn Foodbank Victoria warehouse:

What surprised you about the SBCP?

"The scale and magnitude of the operations. I knew it would be a big program to support all Victorian government schools, but I couldn't imagine this scale. It's very systematic and sophisticated logistically."

Why do you volunteer here?

"Food is the best way to connect. By sharing food we open up, and we share the story behind who we are. That's why I wanted to be here. We collaborate and share the same beliefs – we're doing something meaningful.

Being a volunteer on the ground, I can witness the impact – it gets us going every week".

Share your thanks with our volunteers

Our incredible warehouse volunteers play a vital role in bringing the School Breakfast Clubs Program to life and hearing directly from your students makes a real difference. We invite you to share a message of thanks or a story about the impact Breakfast Club is having in your school.

Reminder: If your Breakfast Club requires volunteer support, please email us at schoolbreakfastclubs@foodbankvictoria.org.au and we can list your school details on [our volunteer map here](#).

Don't forget we also have volunteer resources and a certificate to thank your volunteers on [our website](#) (you can also order the certificate on the ordering portal).

Tips & Tricks



In our Tips and Tricks section, we're sharing creative ways schools are creating impact through their breakfast club!

A brilliant solution for those of you carting appliances and food around the school is a brekky club trolley! Have your woodworking students design and build a trolley to meet your school's needs! House your toasters, plates, bowls, cups etc in one place and wheel it to where you meet each morning.

Have a tip to share?

Send it through to schoolbreakfastclub@foodbankvictoria.org.au.

Reminders

Update your key contact information!

Do you have a new breakfast club coordinator? Is someone else doing the ordering this year? Don't forget to update your information with us. You can do so by emailing schoolbreakfastclub@foodbankvictoria.org.au.

Visit Foodbank Victoria!

Our School Tour Program at Foodbank Victoria's Altona warehouse is now welcoming students from Years 3–12 for a behind-the-scenes look at how food is sourced and distributed across Victoria. Students learn about food relief, community impact and career pathways.

Government schools can access the program at no cost.

For more information or to book, please visit our [School Tour website](https://www.foodbankvictoria.org.au/school-tour) or contact the team at educationexperience@foodbankvictoria.org.au.



SCHOOL BREAKFAST CLUBS PROGRAM



Department
of Education



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Foodbank Victoria acknowledges the Traditional Custodians
of the lands throughout Victoria and pays respect to Elders
past and present.

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